

# Disaster Mental Health Issues

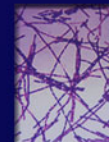
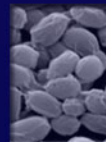
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**NASA 8<sup>th</sup> Annual Occupational Health Conference**  
Occupational Health Response to Catastrophic Events:  
Disaster Preparedness for a Healthier NASA

7/20/06

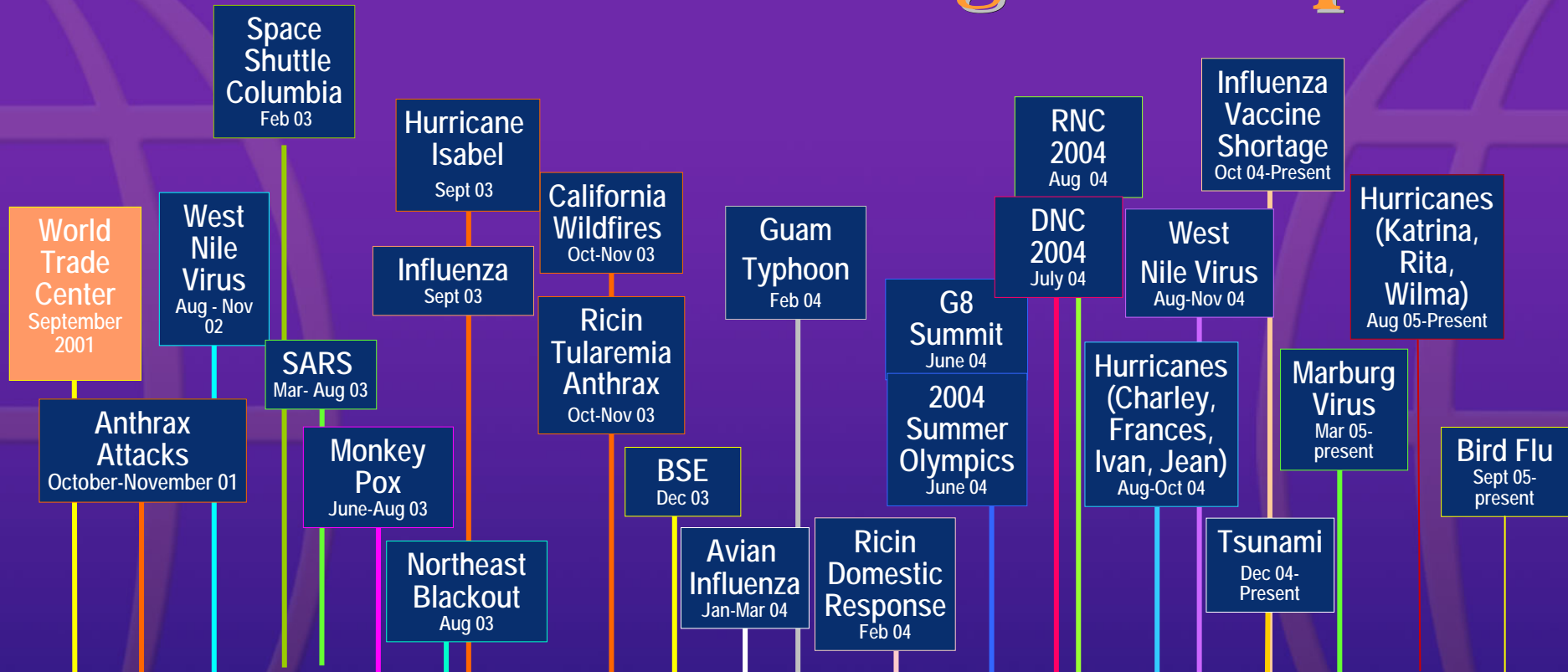


# Module Objectives

**By the conclusion of this module, participants will be able to:**

- Identify ways NASA workers and other first responders potentially could be “at risk”
- List five or more physiological, behavioral and cognitive signs of stress
- Describe factors that contribute to trauma
- Discuss the “5 Rs of Stress Control”
- Select & apply relevant self-care strategies

# Health Protection - Urgent Responses



# **Epidemiologists take samples from body of Angolan Marburg Hemorrhagic Fever victim.**



# **Epidemiologists prepare body of Marburg Hemorrhagic Fever victim. Are we immune?**



# Tsunami victim bodies preserved on dry ice at Wat Yan Yao in Takuapa, Thailand.

